

Hierarchy of

# FALL PROTECTION



## ELIMINATE.

Whenever possible always eliminate the fall hazard. Adopt solutions that can be done from the ground level.



## GUARDRAILS.

The second option for any fall hazard should be guardrails. Guardrails are almost always what's legally required first when dealing with a fall hazards.



## WORK PLATFORMS.

It's essentially impossible to maintain 3 points of contact when working on a ladder - instead use a work platform system.



## TRAVEL RESTRAINT.

The idea with a travel restraint is to secure yourself with a limited length lanyard so you cannot reach the fall hazard.



## FALL ARREST.

Fall arrest systems use energy absorbers to reduce the impact in the event of a fall. Systems must include all the proper components.

