



WHAT IS THE FIT TEST?

The fit test is a means of verifying that a user understands how to properly don their respirator and that the respirator provides an adequate fit. The respirator fit tester is an instrument that counts particles in the air. Respirator fit is determined by counting particles inside and outside the respirator and determining a fit factor based on the ratio of these two values.

PRE-TEST PREPARATION

- No smoking or eating for 30 minutes prior to the test
- Subject shall be clean shaven for the test
- Subject should understand why a respirator is required in their workplace
- Subject should understand how to properly don their respirator without assistance
- Subject should understand how to conduct a user seal check without assistance
- A health screening form shall be completed and maintained by the program administrator
- Plan to arrive five minutes early for a scheduled test

WHAT TO EXPECT

- The fit test should take approximately 15 minutes
- The test subject will be asked to complete the following exercises while wearing the respirator:

- ✓ Normal breathing
- ✓ Deep breathing
- ✓ Turn head side to side
- ✓ Nod head up and down
- ✓ Talking
- ✓ Bending over
- ✓ Normal breathing



After the test, the user will be given a card that identifies the make, model and size of the respirator used for the test along with the test date and name of organization that conducted the test.

To schedule Respirator Fit Testing or learn more about respiratory protection contact us at:

www.levitt-safety.com | 888.453.8488